



# STAREX UNIVERSITY, GURUGRAM

(Established by Haryana Govt. Act No. 20 of 2016)

(Recognized by UGC)

Ref. No. SU/Reg/NMHC/2024-25/593

February 18, 2025

## NOTIFICATION

### **Subject: Constitution of Nasha Mukh Hostel Committee**

As per Guidelines of University Grants Commission (UGC) vide letter No. D.O. No. 2-73/2023 (CPP-II), dated 08.08.2024, Nasha Mukh Hostel Committee (NMHC) is hereby constituted for the implementation of suggestive measures of the Department of Social Justice & Empowerment to address substance abuse through mass awareness, counseling and providing treatment and care.

First Year students also face emotional challenges due to transitioning to independence, loneliness, and homesickness, which can be further lead to substance use as a coping mechanism. Therefore, Nasha Mukh Bharat Abhiyaan (NMBA) activities in hostels may put special focus on sensitizing and training 1<sup>st</sup> year students and parents through a sustainable plan of action.

Nasha Mukh Hostel Committee (NMHC) will be carried out in the hostels to aid the young students in the fight against substance use and to cope with factors like academic stress, peer influences etc. and promote the abilities in students to make good choice of life.

The composition of the Committee is as under: -

S. N.	Name	Position	Email	Mobile No.
1	Dr. Dinesh Chandra Sharma, Dean Acad. & Associate Prof. School of Life Science	Chairperson/ Nodal Officer	<a href="mailto:dean.academics@starexuniversity.co.in">dean.academics@starexuniversity.co.in</a>	9956288876
2	Dr. Priyanka Parihar, Warden (Girls) & Assistant Professor, School of Humanities	Member	<a href="mailto:humanities3@starexuniversity.co.in">humanities3@starexuniversity.co.in</a>	9644316993
3	Mr. Jai Prakash Senior Warden (Boys) & Sports Officer	Member	<a href="mailto:warden@starexuniversity.co.in">warden@starexuniversity.co.in</a>	9811421751
4	Mr. Jeet, Student Representative	Member	<a href="mailto:lathwaljeet@gmail.com">lathwaljeet@gmail.com</a>	8813873133
5	Md. Kaif, Student Representative	Member	<a href="mailto:kaifmaxwell27@gmail.com">kaifmaxwell27@gmail.com</a>	9653974919
6	Mr. Ravi Chaudhary, Student Representative	Member	<a href="mailto:sheoranr15@gmail.com">sheoranr15@gmail.com</a>	7689095556
7	Ms. Subhi, Student Representative	Member	<a href="mailto:shubhi250905@gmail.com">shubhi250905@gmail.com</a>	-
8	Ms. Anupama, Student Representative	Member	<a href="mailto:Annu242005@gmail.com">Annu242005@gmail.com</a>	-
9	Dr. Reshu Mishra, Assistant Professor School of Humanities	Member Secretary	<a href="mailto:humanities8@starexuniversity.co.in">humanities8@starexuniversity.co.in</a>	7987504508

The Action Taken Report will be submitted by the said committee to the Dean Academics as per proforma attached in the concept note (Part IV). After proper verification, the said report will be forwarded to Department of Social Justice and Empowerment (DoSJE) with a copy to Department of Higher Education (DoHE).

The tenure of the committee will be for 02 years from the date of constitution.

Your co-operation in this regard will highly be appreciated.

  
**REGISTRAR**  
Registrar  
STAREX UNIVERSITY  
Gurugram



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**Copy of the above is forward to the following for information:**

1. OSD to the Chancellor (for information to Hon'ble Chancellor)
2. PA to the Vice Chancellor (for information of the Vice Chancellor)
3. Director Admission/DR/AR
4. All Concerned Members
5. PS to the Registrar
6. IT Section with a request to upload this notification on the Website.
7. Office file